

Increasing Understanding of the Sakinah Family Concept in Brides-to-be through the SMART BIMWIN E-Booklet (Study on KUA West Bunguran District)

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Abstract

The purpose of this study was to see an increase in the understanding of the concept of the sakinah family in prospective brides through the preparation of the Smart Bimwin E-booklet at the Office of Religious Affairs in West Bunguran District. The variable that was the target of change in this study was an increase in the understanding of the prospective bride and groom on the concept of a sakinah family through the research method with the One Group Pretest-Posttest Design. In conducting this research, there are stages of material preparation, material preparation, material delivery, and evaluation of the results of material provision. In the evaluation results of the pre-test and post-test after giving the material using the Smart Bimwin E-booklet media, an increase in understanding of the prospective bride and groom was obtained in the post-test results of 82% from the previous pre-test results of 50%. From these results, the increase rate (N-Gain) was obtained at 0.642% or included in the medium category. Based on the results of this study, it can be concluded that the use of the Smart Bimwin E-booklet as bimwin media can increase understanding of the concept of the sakinah family

of prospective brides who carry out premarital marriage guidance at KUA West Bunguran District.

Keywords: *Understanding Improvement, Sakinah Family Concept, Marriage Guidance, Marriage, Smart Bimwin E-booklet*

INTRODUCTION

Human beings were created by Allah Almighty by pairing with each other through the marriage route. Marriage itself is a command of Allah to perfect half of His religion and is the sunnah of the Messenger of Allah. Marriage itself is also a medium for multiplying good deeds, where all activities carried out under the umbrella of a valid marriage become charitable virtues and produce rewards. In a very simple matter, if the husband can feed a spoonful of food into his halal partner's mouth, then the reward is greater than the reward of jihad.

Marriage in Islam is a suggestion for Muslims. In the Compilation of Islamic Law, the definition of marriage and its purpose are stated in chapters 2 and 3. Article 2 states that marriage according to Islamic law is a very strong contract or *mitsaqan ghalizhan* to obey Allah's commands and carry them out is worship. In article 3, it is stated that the purpose of marriage is to realize a domestic life that is *sakinah, mawaddah, and rahmah* (Abdurrahman, 1995).

In Article 1 of the Marriage Law Number 1 of 1974 Chapter 1 Basic Marriage it is stated that marriage is a bond born between a man and a woman as husband and wife to form a happy and eternal family (household) based on the One True God (Law No. 1 of 1974 Article 1, n.d.) . Good marriage is recognized and legalized by religion and the state. Where the marriage has legal force and is recorded by the marriage registration official who in this case is the party of the Office of Religious Affairs (KUA).

In its function, the Office of Religious Affairs (KUA) has the task of handling affairs in the religious field, one of which is in the field of marriage, namely carrying out supervision of marriage and referrals. The Office of Religious

Affairs (KUA) as a government institution is also obliged to foster harmony between religious people. The Office of Religious Affairs is a forum engaged in the community, assisting and serving the community in matters of marriage and divorce.

Marriage or marriage is an initial process of forming a family to build a household that is *sakinah*, serene, and filled with love and affection, to realize the ideals of the family. However, the reality of life after marriage is often different. In marriage, married couples cannot overcome the problems that arise in their home life, in the end, it is the divorce that they choose as the solution to the problem without reconsidering the original purpose of the marriage.

Lack of understanding of couples who carry out marriage about household management procedures. Many families seem to be doing well but in fact they are facing domestic problems that make them disharmonious, it's just that they cover it up from others. Therefore, an increased understanding of marriage and marriage needs to be prepared by every couple who is about to get married. If knowledge about marriage and domestic problems is understood, then the couple will try to increase harmony and try to reduce conflicts that occur in their household. To build a harmonious family, it is necessary to have premarital marriage guidance, so that couples who are about to get married get knowledge and understanding of the household and minimize the occurrence of conflicts in the household.

Therefore, the premarital program in the form of religious and worldly guidance is very necessary, so that the premarital program will provide education to married couples regarding how to build a good household. In order for the hope of a happy family to be realized, it is necessary to introduce the new life to be experienced, the introduction is in the form of a program that has been implemented at the Office of Religious Affairs (KUA) of West Bunguran District, namely premarital marriage guidance.

Premarital marriage guidance is guidance that is given to brides-to-be, in connection with their wedding plans. Premarital marriage guidance is indispensable

for couples who are about to get married in order to gain knowledge and insight to unite the minds of two different people in the same direction to build a bond called marriage. The importance of brides-to-be following a brief briefing in the form of premarital marriage guidance is to understand substantially about the ins and outs of family and home life. And if they are married later, they have prepared and can well anticipate every problem that arises and can be minimized properly.

Premarital marriage guidance in KUA West Bunguran District, is carried out when there is a bride-to-be (catin) who registers her marriage after bringing complete requirements. With the phenomenon of catin's lack of understanding of the basic insights of marriage, it requires the development of methods that are easier to understand. In this case, the development of material delivery methods using digital guidebooks that were previously carried out is one of the ways taken by the author as a facilitator in the implementation of the premarital marriage guidance program.

In this study, the author wants to see the usefulness of the digital guidebook, which will be hereinafter referred to as the Smart Bimwin E-booklet, to increase the understanding of brides-to-be towards the concept of family *sakinah*. By looking at the problems previously explained, the author will compile a scientific article with the title "Increasing Understanding of the *Sakinah* Family Concept in Prospective Brides through the Preparation of the SMART BIMWIN E-Booklet (Study on KUA West Bunguran District)".

This paper used *the One Group Pretest-Posttest Design* research design. *One Group Pretest-Posttest Design* is an experimental design that uses only one group of subjects (single case) and takes measurements before being given treatment (*pretest*) and after being given treatment (*posttest*). And the difference between the two measurement results, namely *pretest* and *posttest*, is considered as a treatment effect. According to Sugiyono (2014), the test design chart is described as follows.

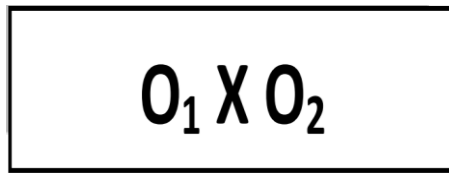


Figure 1. Trial Plan

Information:

- O1 is a *pretest* to determine catin's understanding of basic marriage insights before using an *e-booklet*
- O2 is a *posttest* to determine catin's understanding of basic marriage insights after using an *e-booklet*
- X is the treatment of learning by applying the interactive media *e-booklet* during the preses bimwin

The difference between O1 and O2 is that O2-O1 is assumed to be the effect of treatment. The subject of the study was a bride-to-be in the work environment of KUA Bunguran Barat, Natuna Regency, Riau Islands Province in September-October 2022. The research instruments are *pretest* and *posttest* sheets filled in the bride and groom. The data analysis technique in this study uses *descriptive statistical* analysis techniques. The data on the results of the *pretest* and *posttest* guidance of the bride and groom are calculated by comparing the number of scores obtained by the bride and groom with the maximum number of scores then multiplied by 100%. The following are the categories of success rates according to Riduwan (2015: 13).

Table 1. Success Rate Categories

Success Rate (%)	Category
81-100	Very high
66-80	Good
56-65	Enough
0-55	Less

The analysis of the success of classically used methods in the cognitive realm is calculated by comparing the number of scores obtained with the maximum number and then multiplied by 100%. Calculate the success of the method classically by using the following formula (Purwanto, 2013).

$$\text{Nilai tingkat keberhasilan} = \frac{\text{jumlah skor yang diperoleh}}{\text{jumlah maksimum}} \times 100$$

Improved understanding of catin was analyzed using the normality test (N-Gain) using the formula by Meltzer (Prihatiningtyas & Haryono, 2020) as follows:

$$N - Gain = \left(\frac{\text{nilai posttest} - \text{nilai pretest}}{\text{nilai maksimal} - \text{nilai pretest}} \right)$$

The N-gain criteria (improvement of student understanding) can be seen in Table 2.

Table 2. Catin Comprehension Improvement Criteria

Range	Improvement Criteria
> 0,7	Tall
0,3 > g ≤ 0,7	Keep
g ≤ 0,3	Low

DISCUSSION

Improved Understanding of Concepts

According to Adi S, (2003: 67) improvement comes from the word level. Which means a layer or layer of something that then forms an array. Levels can also be ranked in rank, level, and class. Meanwhile, improvement means progress. In general, improvement is an effort to increase the degree, level, and quality and quantity. Upgrading can also mean adding skills and abilities to get better. In addition, improvement also means achievements in processes, sizes, traits, relationships and so on.

Understanding concepts is the ability to capture understandings such as being able to express a material that is presented into a more understood form, being able to provide interpretation and being able to apply it. Understanding concepts is a level of ability that expects students to be able to understand the meaning of concepts, situations, and facts they know. Based on Bloom's cognitive domain, comprehension is the second tier. Comprehension is defined as the ability to absorb

the meaning of the material being studied. The understanding aspect is an aspect that refers to the ability to understand and understand a concept and interpret the meaning of a material.

It can be synthesized that increased understanding of concepts is defined as progress and addition of qualities related to a person's ability to absorb the meaning and material given and learned so that it can increase from understanding, then understanding and then interpreting a material.

Wedding

Etymologically marriage in Arabic means nikah or zawaj. These two words tang are used in the daily life of Arabs and banyaj is found in the Qur'an and hadith of the Prophet. AlNikah means Al-Wath'i, Al-Dhomm, Al-Tadakhul, Al-jam'u or like 'an al-wath aqd which means intercourse, bodily relations, gathering, jima' and contract (Mardani, 2011).

In Indonesian dictionary, marriage comes from the word "marriage" which according to language means to form a family with the opposite sex, have sex or have sex (Dep Dikbud, 1994). Marriage also called "marriage" comes from the word "Marriage" which according to the language means to gather, enter each other, and is used for the meaning of intercourse (wathi). The word "Nikah" itself is used for the meaning of copulation (coitus), as well as for the meaning of the marriage contract (Ghazaly, 2006).

According to Islamic law, marriage is a contract that justifies association and limits rights and obligations and helps between a man and a woman who are not muhrim (Ghazaly, 2006).

Marriage should be based on mutual love and affection between husband and wife, always expected to run well, eternally and eternally based on the One True Godhead. As formulated in Article 1 of Law Number 1 of 1974 concerning Marriage. Therefore, marriage has a very close relationship with

religion/spirituality, so marriage not only has a born/physical element but also has a very important role (Thaib & Harahap, 2010).

The definition of marriage according to Islam quoted by M. Idris Ramulyo said that marriage according to Islam is a strong and solid sacred covenant to live together legally between a man and a woman to form an eternal family, courtesy of love, love of love, safe peace and tranquility (Soemiyati, 1986).

Abu Yahya Zakariya Al-Anshary, said that marriage according to the term syara is an aqad that contains legal provisions for the ability of sexual relations with lafadz nikah or with words that are related to it (Al-Anshary, n.d.) .

Sakinah Family

Families are generally formed after marital ties are created. The purpose of marriage itself is to form a happy and eternal family, for which the husband and wife need to help and complement each other, so that each can develop his personality to help and achieve spiritual and material well-being. In other words, in its implementation, one of the purposes of marriage itself is to form a *sakinah* family in which love and blessings are bestowed from Allah Almighty.

The family is the soul of society and its backbone. The physical and mental well-being enjoyed by a nation, or vice versa, its ignorance and backwardness, is a reflection of the state of the families living in the society of that nation (Shihab, 1994). For this reason, so that the religion of Islam pays great attention to the development of the family, a concern commensurate with its attention to individual life as well as the life of mankind as a whole. The Qur'an and the Al-Hadith explain a lot about the nature of the family. Allah Almighty advocates that family life be the subject of everyone's thoughts and that valuable lessons should be drawn from it (Shihab, 1994).

A family is a "small people" who have leaders and members, have a division of duties and labor, and rights and obligations for each of its members. The family is the school where the nation's children study. From there they learned noble

qualities, such as loyalty, grace, and affection, ghirah (positive jealousy) and so on. Happiness will arise in the household if it is based on piety, relationships built on conversation and mutual understanding, affairs that are carried out by deliberation between husbands, wives, and children. All family members feel comfortable because of problem solving by putting forward open feelings and reason.

In the Islamic view the purpose of marriage creates a family of *sakinah*, *mawaddah*, and *rahmah* between her husband, wife, and children. This is confirmed in QS. Ar-Rum: 21 "And among his signs (greatness) is that he created pairs for you of your own kind, that you might be inclined and feel at peace with him, and he made among you a sense of love and affection. Truly, in such a one there are really signs (of the greatness of God) for the thinking people". The meaning of *sakinah* in the verse is interpreted in the word inclined and feel at ease. Similarly, according to Islamic thinkers, Quraish Shihab *Sakinah* is defined as "tranquility"(Shihab, 2011).

From this explanation, it can be stated that the *sakinah* family is a bond created after a marriage that gives birth to a sense of calm and comfort for the members in it, based on love, love and sufficient religious knowledge.

Marriage Guidance Program at KUA Kec. West Bunguran

The number of divorces at the age of marriage is still fairly young, one of which is due to the lack of knowledge and good preparation of the bride-to-be when entering the world of marriage. Because of this, to reduce the number of divorces that may occur, brides-to-be need to prepare mentally and physically, and have sufficient knowledge related to insights in navigating married life.

Premarital marriage guidance for brides-to-be or often also called *Binwin catin*, is one of the Ministry of Religious Affairs programs financed from PNBPNR and does not charge fees from *catin* in following the program. The basis for implementing marriage guidance based on the Decree of the Director General of

Bimas Islam No. 373/2017, concerning Technical Guidelines for Marriage Guidance for brides-to-be.

This bimwin program is the government's effort in seeing the high rate of divorce that occurs in society, every marriage must be carefully prepared by the bride and groom, the scientific insight of marriage in navigating the household ark must be mastered. Things that need to be understood by the bride-to-be in realizing the Sakinah family, Mawaddah Warahmah, namely that the bride and groom should understand the meaning of marriage for each couple, there is a marriage commitment, there is effective communication between couples, there is room for the problem solving process, understanding financial knowledge, making adjustments, knowing how to maintain the momentum of love and finally there is family planning.

In order to implement the government program, KUA District Bunguran Barat, Natuna Regency, participated in running a premarital guidance program for calson brides who register themselves , and located in an affordable ya ng living area with KUA West Bunguran District. The bimwin program is carried out using a face-to-face method with unspecified material. The bimwin program implemented in KUA Bunguran Barat is filled with 2 different itators and materials. The first facilitator is from the puskesmas representative to explain reproductive health and pregnancy readiness and the second facilitator comes from the KUA representative which is usually done by religious extension with domestic insight material.

Preparation and Utilization of Bimwin Smart E-booklet

In the process of transfer of knowledge, the method used in delivering marriage guidance material (bimwin) is face-to-face. At the beginning of the bimwin implementation carried out by the facilitator from KUA, did not use the ajeg manual related to the material presented. However, in the third trimester of 2022, a manual is then compiled that can guide the material provided. The

manual is made digital-based by prioritizing aspects of usability and ease of accessing and absorbing existing material.

The guidance material is arranged in the form of an e-booklet with many images and animations that can support the user's interest in reading. The definition of booklet itself is one of the mass media that is used as a medium (props) aimed at many people and the public whose time of delivery of content is irregular (Parwiyati et al., 2014). Booklets are usually no more than 33 pages, filled with many varied images and colors related to the material covered. In other words, an e-booklet is a digital/electronic form of the booklet itself.

The integration of technology in learning has an impact on learning to be fun and interesting. One way to utilize technology to achieve learning goals, especially in improving student learning outcomes, is through the use of e-booklets in learning. E-booklet is a form of innovation in developing learning media. E-booklets act as one of the effective media and serve as a source of additional material that can be used independently and can be used as a reference facilitator in delivering material.

The advantage of using an e-booklet as a learning medium packaged in electronic form is that in terms of cost, the e-booklet, which in this case is the target of the target material, does not need to spend a lot of money because in this e-booklet there is material available, so that it can be printed, and can be accessed anywhere because it is available in online form. The shape of the printed version of the e-booklet is designed not too big so that it can be carried anywhere by anyone who uses it. Furthermore, the e-booklet learning media is not easily lost and is easily accessible to the target audience through the internet network. The use of e-booklet learning media is considered effective to improve student understanding because it is made perpoint and uses language that is as simple as possible, concise and systematic, and there are pictures as illustrations, which facilitate the understanding of student to the concepts and facts about the material presented, making it easier for student in the process of understanding. This means that the

integration of competency indicators to be achieved, concept maps, constructive mates, attractive designs and online or printable in the future, makes this e-booklet information-intensive and attractive.

The material, which is arranged in a neat and concise, contains 4 core chapters. The first chapter has the theme of premarital which contains material related to preparation that a couple must begin to have, namely physical preparation, mental preparation, financial preparation, and spiritual preparation. The second chapter is themed on marriage, which contains insights into material and immaterial needs, the rights and obligations of husband and wife, building a *sakinah* household, and planning patterns for foster childcare. Then the third chapter discusses post-marriage (divorce), which contains the rights of children and ex-wives after divorce. And the last chapter contains prayer prayers related to marriage, such as prayers after the marriage contract, prayers before conjugal relations, bath prayers, and prayer prayers for the good of the home. This material is then packaged digitally and provided with a link that is integrated with the digital magazine on the anyflip.com platform which then makes it look like a digital magazine. With the digitization process of this guidebook, then the compiler of the e-booklet provides the title of this guidebook with the Smart Bimwin E-booklet to make it easier to recognize in the future. A quick overview of the Bimwin Smart E-booklet corresponds to the following image:

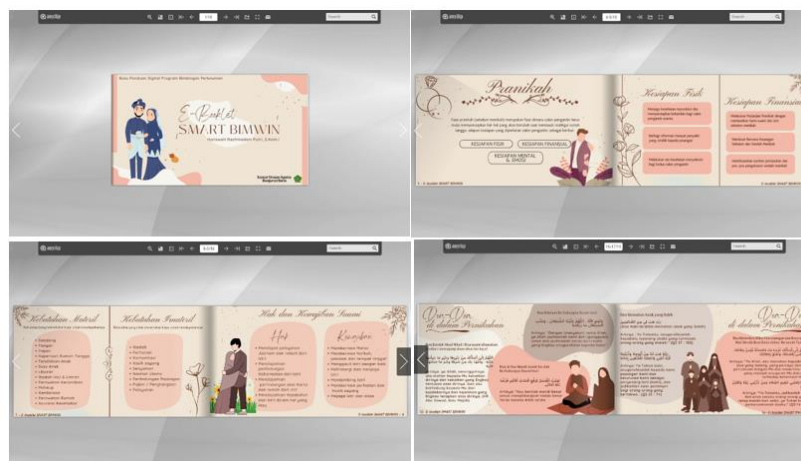


Figure 2. Bimwin Smart E-booklet Material Image

In the implementation of bimwin using the Bimwin Smart E-booklet media, it was obtained a significant increase in results from the pre-test and post-test results of the bride and groom from September to October, 2022. The results of the pre-test and post-test are described in the table and explanation as follows:

Table 3. Catin Comprehension Level on Pre-test and Post-test Results

Understanding	The Value of Understanding	Pretest	Post test	Value Pre-test	Value Post-test
Very understanding	100 %	2	6	200	600
Understand	75%	2	6	150	450
Enough to understand	50%	4	2	200	100
Lack of understanding	25%	6	0	150	0
Sum				700	1150

The value of the level of understanding of catin in the *pre-test* results

$$\text{Nilai tingkat keberhasilan} = \frac{700}{1400} \times 100 = 50\%$$

The value of the level of understanding of catin in the *post-test* results

$$\text{Nilai tingkat keberhasilan} = \frac{1150}{1400} \times 100 = 82\%$$

From the results obtained, it can be seen that there is an increase in the *pre-test* results before being given the Smart Bimwin E-booklet material and the *post-test* after being given the Smart *Bimwin E-booklet* material. With an increase of 32% of its success rate value. Then to see the value of the increase, the author will record the value of N-Gain as follows:

$$N - Gain = \left(\frac{1150 - 700}{1400 - 700} \right) = 0,642\%$$

That way an increase value (N-Gain) of 0.642% was obtained which was classified in the range of $0.3 > g \leq 0.7$ and was included in the "**moderate**" increase criteria.

CONCLUSION

Based on the results obtained during the research, it was concluded that the method of delivering material by utilizing the Smart Bimwin E-booklet can be used and developed into one of the sufficient methods useful. The increase in catin's understanding of the basic insights given in the post-test results increased compared to the results of the pre-test conducted before the use of the High School E-booklet rt Bimwin with The pre-test figures were 50% and the post-test was 82% and the difference in the increase was 32%. With these results, an increase of 0.642% or equivalent to the "moderate" criterion was obtained. This shows that the use of the Bimwin Smart E-booklet media in the bimwin implementation process is able to improve the results of understanding catin di KUA West Bunguran District, because of the material, evaluation and The design displayed is as attractive as possible and packaged compactly, densely, lightly and easily understood the target target. As a recommendation in the use of this Smart Bimwin E-booklet material, in the future it is hoped that the development of other materials related to this bimwin program can be packaged properly Smart Bimwin e-booklet. So as to get the benefit of knowledge and increase the ability of the person who compiles or targets the target who uses it.

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